



THE SOLDIER'S CREED



I AM AN AMERICAN SOLDIER.

I AM A WARRIOR AND A MEMBER OF A TEAM. I SERVE THE
PEOPLE OF THE UNITED STATES, AND LIVE THE ARMY VALUES.

I WILL ALWAYS PLACE THE MISSION FIRST.

I WILL NEVER ACCEPT DEFEAT.

I WILL NEVER QUIT.

I WILL NEVER LEAVE A FALLEN COMRADE.

I AM DISCIPLINED, PHYSICALLY AND MENTALLY TOUGH,
TRAINED AND PROFICIENT IN MY WARRIOR TASKS AND DRILLS.

I ALWAYS MAINTAIN MY ARMS, MY EQUIPMENT AND MYSELF.

I AM AN EXPERT AND I AM A PROFESSIONAL.

I STAND READY TO DEPLOY, ENGAGE, AND DESTROY THE
ENEMIES OF THE UNITED STATES OF AMERICA IN CLOSE COMBAT.
I AM A GUARDIAN OF FREEDOM AND THE AMERICAN WAY OF LIFE.

I AM AN AMERICAN SOLDIER.

Veterans Helping Veterans



If you were on active duty, the reserves, or the national guard and visited a doctor, hospital, health clinic or any other medical facility for any reason. This could mean thousands of dollars to you and your beneficiaries.

Veterans Helping Veterans

American Legion

Department of Florida

North VA&R Chairman, VA Entitlement Chairman

Larry Roberts

1301 W. BELL STREET

AVON PARK, FL 33825

(850)718-7773

County Veterans Service Officers

Alachua: (352)264.6740

Baker: (904)259.2516

Bay: (850)248.8280

Bradford: (904)966.6385

Brevard: (321)633.2012

Broward: (954)357.6622

Calhoun: (850)674.8305

Charlotte: (941)764.5579

Citrus: (352)527.5915

Clay: (904)269.6326

Collier: (239)252.8387

Columbia: (386)758.1013

Desoto: (863)993.4860

Miami-Dade: (786)469.4640

Dixie: (352)498.1246

Duval: (904)630.3680

Walton: (850)892.8140

Escambia: (850)912.2055

Flagler: (386)313.4014

Franklin: (850)653.8096

Gadsden: (850)875.8661

Gilchrist: (352) 463.3188

Glades: (863)946.0566

Gulf: (850)229.6125

Hamilton: (386.792.1272

Hardee: (863.773.9853

Hendry: (863.675.5250

Hernando: (352.754.4033

Highlands: (863)402.6623

Hillsborough: (813)635.8316

Holmes: (850)547.2897

Indian River: (772)226.1499

Union: (386)496.4248

Washington: (850)638.6140

Jackson: (850)718.0003

Jefferson: (850)342.0176

Lafayette: (386)294.5010

Lake: (352)742.6585

Lee: (239)533.8381

Leon: (850)606.1940

Levy: (352)486.5210

Liberty: (850)643.5960

Madison: (850)973.3208

Manatee: (941)749.3030

Marion: (352)671.8422

Martin: (772)288.5448

Miami-Dade: (786)469.4640

Nassau: (904)548-4670

Okaloosa: (651.7258

Volusia: (386)740.5102

Okeechobee: (863)763.6441

Orange: (407)836.8990

Osceola: (407)742.8455

Pasco: (727)834.3282

Pinellas: (727)464.8460

Polk: (863)534.5220

Putnam; (386)329.0327

ST. Johns: (904)209.6160

ST. Lucie: (772)337.5670

Santa Rosa: (850)981.7110

Sarasota: (941)861.2899

Seminole: (407)665.2371

Sumter: (352)689.4450

Suwannee: (386)364.3403

Taylor: (850)838.3513

Wakulla: (850)926.1072

Why there's a need to help veterans

- Multiple and extended deployments.
- 25% of the homeless are combat veterans.
- Suicide rate for active duty and veterans is 4x greater than that of civilians.
- 200 + Veterans become disabled every day.
- Over 2 million veterans live without insurance.
- **A Study released in 2022 found as many as 44 veterans die on average per day from suicide.**

Which is 2.4 times greater than the official estimate.

Pending claims=801,000

Back Logged Claims=524,000

Basic Eligibility

- Any person who served in **Active Duty Military**, who was discharged or released under conditions **other than dishonorable**, may qualify for VA Health Care Benefits.



Enrollment

- For most veterans, entries into the VA health care system begins by applying for enrollment.
- To apply, complete VA Form 10-10EZ, application for health benefits, which may be obtained from **any VA health care facilities**
- or regional benefits office, online at: <http://www.VA.gov/10-10ez.htm>
- Or call 1-877-222-vets (8387).
- Once enrolled, veterans can receive health care at VA health care facilities anywhere in the country.

Important Documents to Expedite VA Benefits

- In order to expedite delivery, Veterans seeking VA benefits for the first time you must submit a copy of your service discharge form (**DD-214, DD-215, or World War II Veterans discharge form**),
- The National Personnel Records Center (NPRC) has provided the following website for veterans to gain access to their DD-214 online <http://vetrecs.archives.gov/>
- you also need a copy of your military medical records if you need to order them you can at www.nationalarchivesandrecordsadministration.gov
- You also need veteran's marriage certificate, children's birth certificates or adoption papers to determine children's benefits.

- **Tip # 1**

Have a "Well-grounded claim" **with evidence of a medical condition** that either started while you were in the military, or a pre-existing condition that was aggravated by your stint in the military.

(keep all records in a folder by oldest to newest, highlight and tab any condition mentioned in the claim)

Tip # 2

- Google:
- 38 CFR Book C, Schedule for Rating Disabilities.
- For your particular issue(s) relevant to what you are claiming.
- **(Must be able to navigate a computer, have someone assist if needed)**

Tip # 3

- Get a letter from your doctor stating that your present condition is,
“MORE LIKELY THAN NOT, DIRECTLY RELATED TO THE HEALTH ISSUE YOU HAD IN THE MILITARY”.

Tip # 4

- Get letters from your family and friends stating, “how it is to live around you with your present condition”.
- At the end of the letter make sure this statement is written.
“I HEREBY CERTIFY THAT THE INFORMATION I HAVE GIVEN IS TRUE TO THE BEST OF MY KNOWLEDGE AND BELIEF”.

Service – Connected Disability Compensation

- Disability Compensation is a monetary pay to veterans who are disabled by an injury, illness incurred or aggravated during active military service.
- These disabilities are considered to be service – connected.
- Disability compensation varies with degree of disability and the number of veteran’s dependents, and is paid monthly.
- Veterans with certain severe disabilities may be eligible for additional special monthly compensation.
- **Service-Connected Disability Compensation is Tax Free**

2024 VA Disability Compensation Rates

	VETERAN	W/SPOUSE	VET + SPOUSE & CHILD	VETERAN W/ CHILD	ADDITIONAL CHILDREN UNDER 18	OVER 18/IN SCHOOL
10%	\$171.23	\$171.23	\$171.23	\$171.23	\$171.23	\$171.23
20%	\$338.49	\$338.49	\$338.49	\$338.49	\$338.49	\$338.49
30%	\$524.31	\$586.31	\$632.31	\$565.31	ADD \$31.00	ADD \$100.00
40%	\$755.28	\$838.28	\$899.28	\$810.28	ADD \$41.00	ADD \$133.00
50%	\$1,075.16	\$1,179.16	\$1,255.16	\$1,144.16	ADD \$51.00	ADD \$167.00
60%	\$1,361.88	\$1,486.88	\$1,577.88	\$1,444.88	ADD \$62.00	ADD \$200.00
70%	\$1,716.28	\$1,861.28	\$1,968.28	\$1,813.28	ADD \$72.00	ADD \$234.00
80%	\$1,995.01	\$2,161.01	\$2,283.01	\$2,106.01	ADD \$82.00	ADD \$267.00
90%	\$2,241.91	\$2,428.91	\$2,565.91	\$2,366.91	ADD \$93.00	ADD \$301.00
100%	\$3,737.85	\$3,946.25	\$4,098.87	\$3,877.22	ADD \$103.55	ADD \$334.49

- * Veterans with ratings of at least 30% are eligible for additional allowances for dependents, including spouse, minor children, children between the ages of 18 and 23 who are attending school, children who are permanently incapable of self-support because of disability arising before age 18, and dependent parents. The additional amount depends on the disability rating. For more detailed rates visit:
[//www.military.com/benefits/veteran-benefits/va-compensation-tables](http://www.military.com/benefits/veteran-benefits/va-compensation-tables)

Post-Traumatic Stress Disorder

- An average of 44 veteran suicides a day

988 Suicide Prevention Hotline 988 or 1-800-273-8255

In July 2010, the VA Secretary Eric K. Shinseki,

Allowed for qualification benefits for diagnoses from civilian mental health professionals. Drastically cutting waiting time for veterans.

Symptoms for PTSD at 50% disability

- Memory loss for names of close relatives
- Occupational and social impairment with reduced reliability and productivity
- Difficulty in establishing and maintain effective and social relationships
- Anxiety
- Chronic sleep impairment
- Depressed mood
- Mild memory loss

If you have been diagnosed with PTSD it does not mean that you will lose your right to own a firearm.

Agent Orange

Symptoms

- VA assumes that certain diseases can be related to a Veteran's qualifying military service. We call these "**presumptive diseases.**" VA has recognized certain cancers and other health problems as presumptive diseases associated with exposure to Agent Orange or other herbicides during military service. Veterans and their survivors may be eligible for benefits for these diseases.
- **AL Amyloidosis** A rare disease caused when an abnormal protein, amyloid, enters tissues or organs Chronic B-cell.
- **Leukemia's** A type of cancer which affects white blood cells.
- **Chloracne** (or similar acne form disease) a skin condition that occurs soon after exposure to chemicals and looks like common forms of acne seen in teenagers. Under VA's rating regulations, it must be at least 10 percent disabling within one year of exposure to herbicides.
- **Diabetes Mellitus Type 2** A disease characterized by high blood sugar levels resulting from the body's inability to respond properly to the hormone insulin.
- **Hodgkin's disease** A malignant lymphoma (cancer) characterized by progressive enlargement of the lymph nodes, liver, and spleen, and by progressive anemia.
- **Ischemic Heart Disease** A disease characterized by a reduced supply of blood to the heart that leads to chest pain.

- **Multiple Myeloma** A cancer of plasma cells, a type of white blood cell in bone marrow.
- **Non-Hodgkin's Lymphoma** A group of cancers that affect the lymph glands and other lymphatic tissue.
- **Parkinson's disease** A progressive disorder of the nervous system that affects muscle movement Peripheral Neuropathy, Early-Onset a nervous system condition that causes numbness, tingling, and motor weakness. Under VA's rating regulations, it must be at least 10 percent disabling within one year of herbicide exposure.
- **Porphyria Cutanea Tarda** A disorder characterized by liver dysfunction and by thinning and blistering of the skin in sun-exposed areas. Under VA's rating regulations, it must be at least 10 percent disabling within one year of exposure to herbicides.
- **Prostate Cancer** Of the prostate; one of the most common cancers among men
Respiratory Cancers (includes lung cancer) Cancers of the lung, larynx, trachea, and bronchus Soft Tissue
- **Sarcomas (other than osteosarcoma, chondrosarcoma, Kaposi's sarcoma, or mesothelioma)** A group of different types of cancers in body tissues such as muscle, fat, blood and lymph vessels, and connective tissues - See more at:

Department of VA add three new serious illnesses

- **Bladder Cancer**
- **Hypothyroidism**
- **Parkinson's – Like Symptoms**
- <http://www.publichealth.va.gov/exposures/agentorange/conditions/index.asp#sthash.DGJ6nSWv.dpuf>

U.S. Department of Veterans Affairs

Herbicide Tests and Storage in the U.S.

- Agent Orange and other herbicides used in Vietnam were tested or stored elsewhere, including many military bases in the United States. Below is a list of bases.

- **Florida**

Locations: Orlando, FL; Cocoa, FL Date: 1944

Near Lake George, FL Date: 1944

Orlando, FL at Army Grove Air Force's Tactical Center Date: 1944

Marathon, FL Dates: 1944

Bushnell Army Air Field, FL Date: 1945

Avon Air Force Base, FL Date: 1951

Eglin Air Force Base, FL Date: 1952

Avon Park Air Force Base, FL Date: 1954

Jacksonville, FL Date: 1962

Eglin AFB, C-52A test area Dates: 1962-1970

Apalachicola National Forest near Sopchoppy, FL Date: 1967

Eglin AFB, FL Date: 1968

Death and Burial Benefits

Essential Planning Guide

- **Eligibility**: Veterans discharged from active duty, under conditions other than dishonorable and service members who died while on active duty. To verify eligibility for burial and memorial benefits, a copy of veterans' discharge document **"DD214"** that specifies the period(s) of active duty and character of discharge, along with the deceased's death certificate and proof of relationship to veteran (for eligible family members) are all that usually needed to determine eligibility.
- VA National Cemeteries (147 National Cemeteries)
Headstone and Markers (VA Form 40-1330)
Presidential Memorial Certificates (VA Form 40-0247)
Burial Flag (VA Form 27-2008 or U.S. Post Office and Funeral Director)
Reimbursement of Burial Expenses (VA Form 21-530)
Burial Allowance (VA Form 21-530)
Plot Allowance (VA Form 21-530)
Military Funeral Honors (Active Military or Local Veteran Originations)

2023 Florida Veteran's Benefits Guide

- www.FloridaVets.org
- www.FloridaVeteransFoundation.org
 - (850) 488-4181 or 4182
- Education Benefits for Veterans and families
 - G.I. Home Loan
 - Property Tax Exemptions
 - Burial Benefits
- “V” for Veteran Designation on Driver License
 - 100% Disabled Veteran State ID card
- Driver License & State ID Fee Exemptions
- Disabled Veteran Motor Vehicle License Plate
 - Florida State Park Discount Passes
 - Hunting and Fishing
 - Employment
 - Reemployment Rights

Veterans' Preference

- *Since the time of the Civil War, veterans of the U.S. armed forces have been given some degree of preference in appointments to federal jobs.*
- To receive preference, a veteran must have been discharged or released from active duty in the U.S. armed forces under honorable conditions (with an honorable or general discharge). Preference is also provided for the spouse of a veteran with a permanent and total service-connected disability and widows and widowers of deceased veterans who died in service.
- *A veteran with 100% disability can still work, as long as they are not "unemployable".*



For discounts and/or free tickets

Visit these online websites

- **VetTix.com**
- **Military.com**
- **Govx.com**
- **Operation outdoor freedom**
 - **Veteran holidays**
 - **Rays Baseball**
 - **Guide Fitter**

Military/Veteran Discounts

Ask every where you go.

Women Veterans

The Sunshine State is home of approximately 162,000 women veterans. Many women veterans don't even know they are eligible for full range of federal, state and local benefits.

PACT ACT

The PACT Act is a new law that expands VA health care benefits for Veterans exposed to burn pits, Agent Orange, and other toxic substances.

**SPEED LIMIT
ENFORCED BY
AIRCRAFT**

