

# Be the One / Buddy Check



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# What is a Buddy Check?



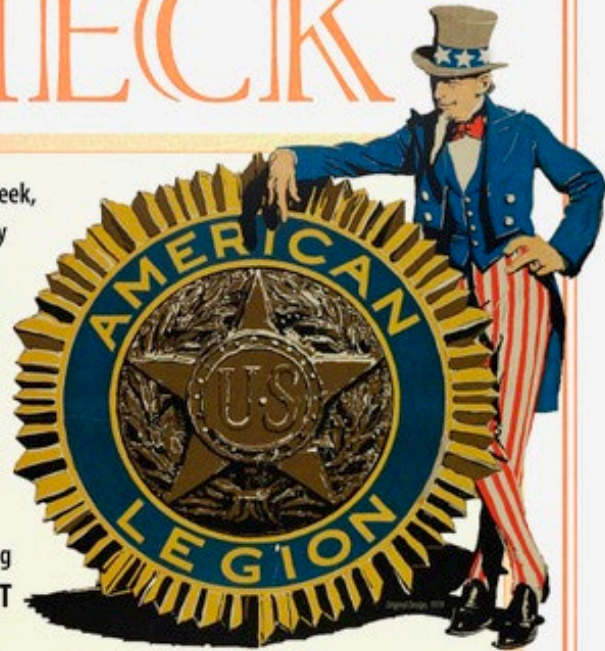
MARCH 11-18, 2019

# BUDDY CHECK

During Buddy Check week,  
take time to call on any  
member or former  
member who may  
have lost touch with  
the post.

We need them,  
and they may need us.

Honor the vision of  
our founders by making  
**PERSONAL CONTACT**  
with fellow veterans.



**#TEAM 100**  
[WWW.LEGION.ORG/MEMBERSHIP](http://WWW.LEGION.ORG/MEMBERSHIP)

# Origin



# National Week of Calling

B  
C



AMERICAN  
LEGION  
BIRTHDAY



A  
O

VETERANS DAY



— Honoring All Who Served —



# The Importance

The background of the slide features several grey silhouettes of people in various poses of assistance. One person on the left is reaching out to help another person who is falling. In the center, a person is being supported from behind. On the right, a person is reaching out to help another person who is also falling. The overall scene conveys a sense of community and mutual support.

**able to locate members  
in need of assistance**

**life saving**

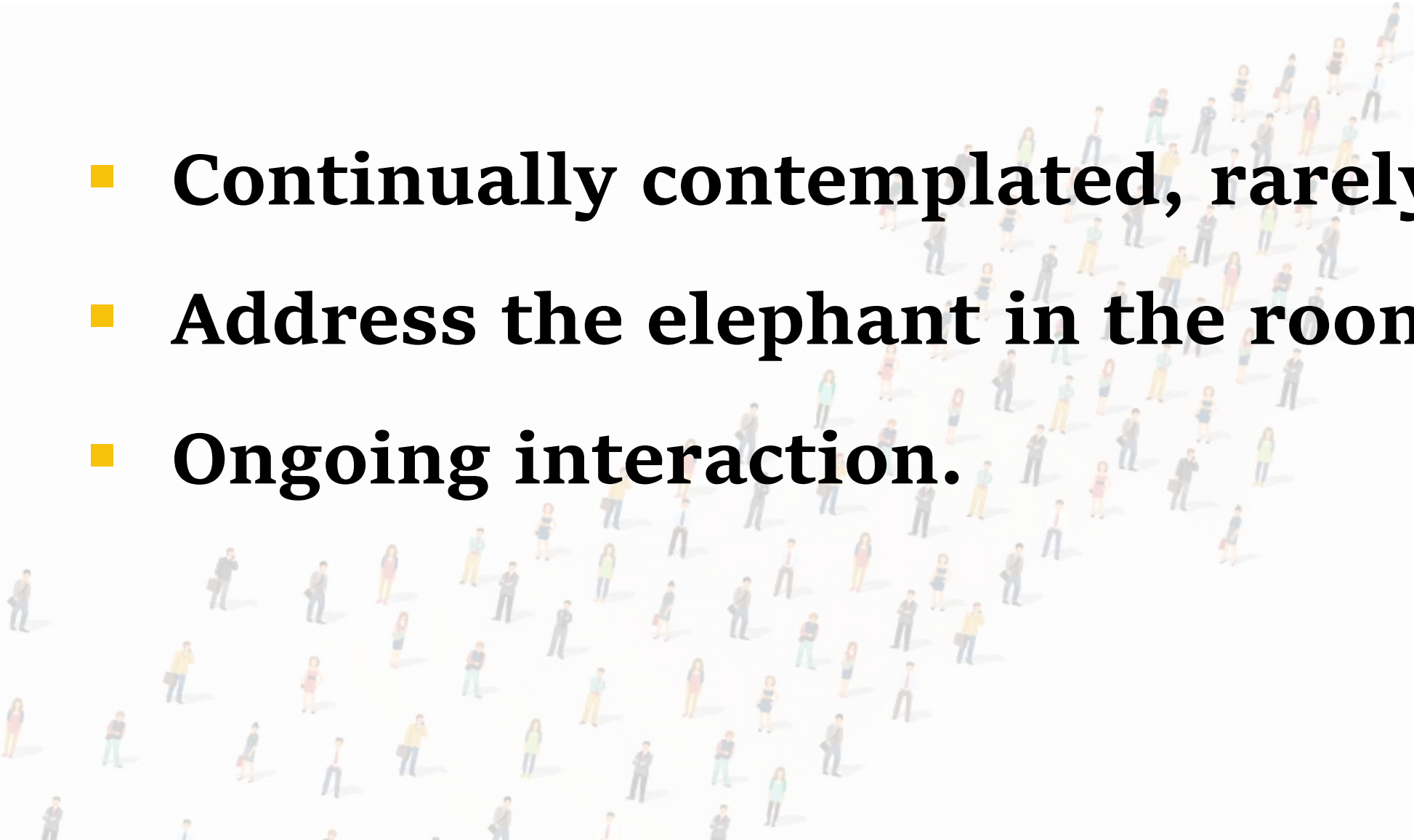
**increase self worth**

**engage membership**

**build lasting relationships**

# Engaging Membership

- **Continually contemplated, rarely defined.**
- **Address the elephant in the room.**
- **Ongoing interaction.**



# Maslow's Hierarchy of Needs



# Organizing a Buddy Check



- 1. Organize a team.**
- 2. Print roster.**
- 3. Specify primary objective.**
- 4. Prepare a script.**
- 5. Start making calls.**
- 6. After action report.**



 AMERICAN  
LEGION

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BE **THE** ONE





# BE **THE** ONE

TO **ASK** VETERANS IN YOUR LIFE HOW THEY ARE DOING.

TO **LISTEN** WHEN A VETERAN NEEDS TO TALK.

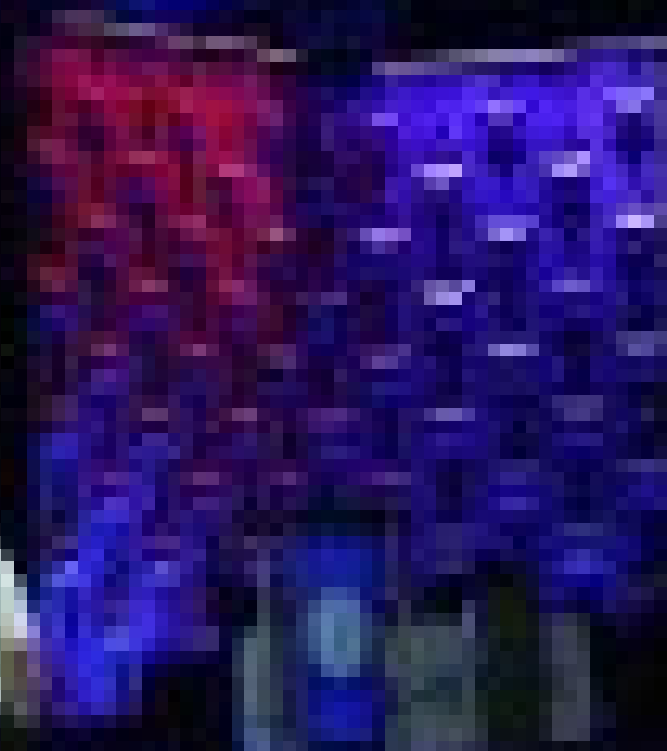
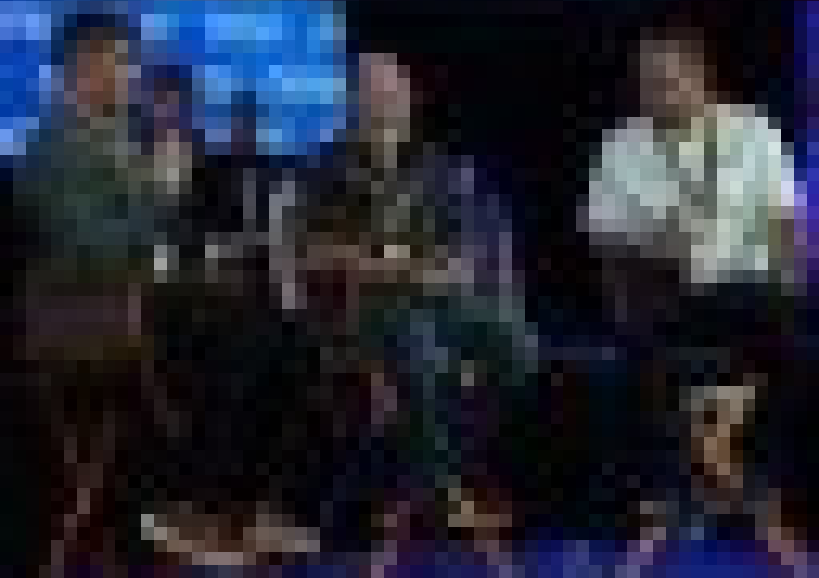
TO **REACH** OUT WHEN A VETERAN IS STRUGGLING.



BE THE ONE

BY [unreadable]

[unreadable]



[unreadable]

*In memory of our  
brothers and sisters who  
have answered the  
Final call.*

## A Hero's Welcome

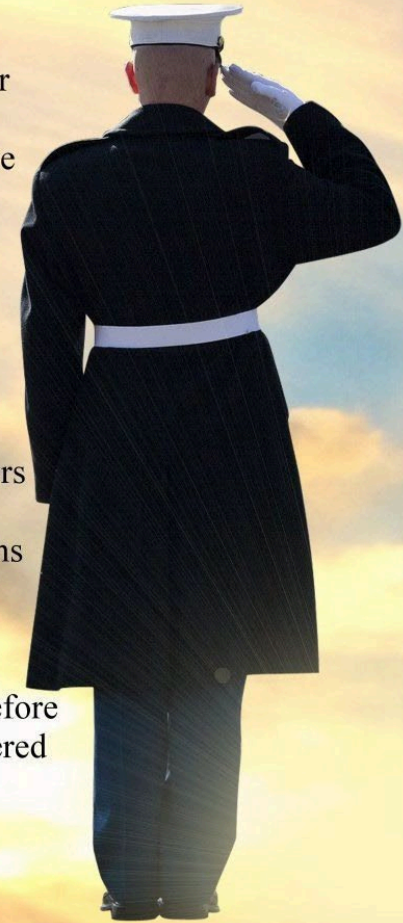
By Robert Longley

Time to come home dear brother  
Your tour of duty through  
You've given as much as anyone  
Could be expected to do

Just a few steps further  
The smoke will start to clear  
Others here will guide you  
You have no need of fear

You have not failed your brothers  
You clearly gave it all  
And through your selfless actions  
Others will hear the call

So take your place of honor  
Among those who have gone before  
And know you will be remembered  
For now and evermore



ANY  
Questions?

